



JULY 18–24, 2021

CHALLENGES TO GROW  
YOUR MARRIAGE



ROMAN CATHOLIC  
DIOCESE OF BURLINGTON

***QUIET TIME, TOGETHER***

Share quiet time together, holding hands, and offering prayers of thanksgiving for your relationship. Spend 15 minutes in quiet prayer, and end with an *Our Father* prayed together.

**[vermontcatholic.org/marriagechallenge](http://vermontcatholic.org/marriagechallenge)**