



OCT. 4 – 10, 2020

Love one another CHALLENGES TO GROW YOUR MARRIAGE

LET'S GET EACH OTHER TO HEAVEN!

In Galatians 5:22-23, we read about the 9 fruits of the Spirit — love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. Pick one to cultivate this week with your spouse. Encourage and challenge each other.



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OCT. 11 – 17, 2020

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DOING CHORES CAN BE FUN

Do you keep a "Honey Do List" or chores that need to get done around the house (for your spouse to do)? Take one of those items off the list and do it together — turning it into something fun to do together. As an example, Raking Leaves. Make a big pile and jump in them, letting go of any inhibitions about being neat and tidy.



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OCT. 18 – 24, 2020

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PLAY THE "NOT SO NEWLYWED" GAME

On separate answer sheets (a piece of paper numbered 1-5) write your answers and then share after you are done. This is an opportunity to rediscover the different times of your marriage and what you each remember. Go ahead and laugh at any discrepancies in your memories!



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OCT. 25 – 31, 2020

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MARRIAGE AS AN ADVENTURE

Revisit a list made earlier with adventures or hobbies you would like to explore or learn to try with your spouse. Together, discuss what you've tried and which one you would like to try next. If you haven't made a list, now is the time to start your next adventure!



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