



AUGUST 31 – SEPTEMBER 5, 2020
Love one another
CHALLENGES TO GROW YOUR MARRIAGE

THE SOUNDTRACK OF YOUR LIFE TOGETHER
 Spend time this week creating a list of songs that commemorate your life together, together set the minimum and maximum number of songs that each of you will create separately. Set aside one night to share your lists and discuss why you chose those songs. *Examples: Married 10 years — choose 10 songs for each blessed year together.*

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SEPTEMBER 6 – 12, 2020
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WHAT IS LOVE?
 Explore 1 Corinthians 13: 1-13 by taking turns reading each verse. After you read, take time to share which verse or verses reminded you of your married love? Share why.

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SEPTEMBER 13 – 19, 2020
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BUILD SOMETHING TOGETHER
 — ice cream sundaes, a pizza with your favorite toppings, a tower of blocks. Perhaps you will find a chuckle over the odd or weird combinations that reflect your different approaches to food, building, and life.

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SEPTEMBER 20 – 26, 2020
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VULNERABILITY
 Have you ever felt alone? Listen as each of you share your story, asking for details that help the other describe the feeling to better understand.

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SEPT. 27 – OCT. 3, 2020
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COMPANIONSHIP
 Do you ever feel disconnected and wish you could do more together as a couple? Take time this week to compile a list of 10 things you would like to do with your spouse, and 5 things you don't care to do with your spouse. Share your lists and talk about what you could do more of together.

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