



AUGUST 2–8, 2020

Love one another CHALLENGES TO GROW YOUR MARRIAGE

WHAT IS YOUR CHOSEN ADVENTURE?

Last month the two of you hopefully made a list of adventure or hobbies to explore to try together. Which one did you choose? Make a plan for this month to start and share your idea at tmccormack@vermontcatholic.org



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AUGUST 9–15, 2020

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LOVE NOTE SCAVENGER HUNT

Write to your spouse how he/she has brought you closer to God in your journey together. Leave clues on where your love note is hidden.



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AUGUST 16–22, 2020

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TIME TO SHARE

Take time this week to reflect personally on these statements and then share with your spouse. Decide which two to explore and the nights you will share together (both of you make this plan):

One thing I liked best about you when we first met was... | Before I die, I'd like to go to these 3 places... | One way I'm glad our kids are like you... | I know you love me when you...



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AUGUST 23–30, 2020

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PRAY TOGETHER

This might be new or something the two of you already do. Lovingly challenge each other to pray the Rosary together (or perhaps just one decade), either in the house, on the porch, or going for a walk together. Pray a novena together for the gratitude of your relationship. If you're not sure how to pray, there are many re-sources online!



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