

NEWS FROM The Inland See

September 21–27, 2019

FOR THE DIOCESE OF BURLINGTON

He Speaks in the Silence

Once again, I sit here playing Bible roulette. I don't know what to say to you, Lord, and the silence is deafening. I slowly thumb through the pages, my eyes closed, each page passing like a hope for some question unanswered. What do you expect of me? Where do you want me to turn?

Each question flows like a light breeze through my soul as I pray that you pierce my heart with your words. We clutter the silence with questions and distractions. We live in a society in which every space, every moment must be filled with activities and noise. But it is in silence that God speaks the loudest, touching the deepest parts of our broken hearts. No matter what we are doing we need to take time to stop, reflect and realign our thoughts and action with Him and let Him lead us forward.

Living in the noise of daily life, as an intensive care physician, my job has taught me the importance of silence. All of a sudden, the lights are flashing. All of the monitors are beeping. Twenty people are rushing around. One conversation over another blends into a cloud of noise. The family cries in the background. Everyone waits for instructions to direct the next steps of this orchestrated chaos.

In front of me a person, lying in stillness, completely exposed, holds onto the last breaths of life. This is what we are trained for, to make sense of the noise, to focus on what we can fix, to command a team of many, to put out the next fire.

The patient is now hooked up to many pieces of equipment; the chaos subsides. Now what? That is when the work really begins. It is in the moments of silence, when everyone leaves, that I can take it all in. I watch the monitors. I look at every breath. I look at all the bags hanging, synthesizing my next steps. I look at the person, their face, and ground myself in the fact that this is a human being, with a past, a present, a family. I look at the pictures of their children on the windowsill — they have a beautiful life.

It is in the silence of those moments, when the chaos subsides, that I can connect to this person, to understand what happened, to help them move forward in their care.

Whatever our profession, vocation, age or capabilities we are asked one thing — to open our hearts and listen in the silence. Into the open heart God whispers His desires; in silence God gives us the gifts to carry on His work; God sees our truest selves which He so much desires.

This is the importance of the White Mass for healthcare professionals. It is a time to gather under the patronage of St. Luke (the patron saint of physicians) to ask God's blessing upon us, our patients and our work. Healthcare professionals have the great privilege and responsibility of serving the sick and this allows us to revive and enrich our call in unity with the Lord. It is a time for us to reflect on the moment Jesus called us to this vocation. It is an important reminder that we also need to take care of our spiritual needs in order to be able to properly serve with full hearts, to be still and listen to God's voice.

— *Dr. Marta Kokoszynska*

White Mass

with Bishop Christopher Coyne and Father Jon Schnobrich

Talk and Refreshments to follow.

Saturday, October 5, 2019 • 4 pm

UVM Catholic Center • 390 S Prospect St, Burlington, VT

Please bring your whitecoats. All healthcare professionals and their families are welcome. For more information contact: Dr. Marta Kokoszynska at kokomed@gmail.com.



ROMAN CATHOLIC
DIOCESE OF BURLINGTON

To see more events or to submit your event to the diocesan calendar: vermontcatholic.org/events

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UPCOMING EVENTS



09|23, 30 MONDAYS
Celebrate the Life of Hildegard of Bingen: Abbess, Mystic, Healer, Poet, Composer, Ecologist

St. John the Baptist, N. Bennington: 9:45 - 11 am
Sacred Heart St. Francis: 7 - 8:15 pm

In these adult enrichment sessions, Hildegard of Bingen will come to life through the illuminations of her visions, her theological and scientific writings, her letters, her musical compositions, her concept of *viriditas* and her prayers. Considered a Saint by inhabitants of the Rhineland since the 12th century, she was formally canonized and made a Doctor of the Church by Pope Benedict XVI in 2012. Participants are encouraged to attend all three sessions. Refreshments will be served.



09|23, 30, 10|7, 14, 21 MONDAYS
7 Themes of Catholic Social Teaching

Holy Family Parish Hall, Essex Jct. • 7-8 pm

Often called “the Church’s Best Kept Secret,” Catholic Social Teaching is a good and useful guide in living the Christian life and truly being a Light to the World. Join our discussions on how these ideals can help bring us more into a Christ-centered life.



09|25 - 11|03
40 Days for Life/Burlington

Pray to end abortion. Join your brothers and sisters in a peaceful 40-day prayer vigil outside of Planned Parenthood. Sign up online for a one hour slot at: 40daysforlife.com/local-campaigns/burlington/



09|25 - 11|03
40 Days For Life/Rutland

Join us for prayer and fasting, peaceful vigil and community outreach. Local, National, International 40 Days Of Prayer outside abortion clinics. Sign up for vigil hours: 40daysforlife.com/local-campaigns/rutland/



09|27 FRIDAY
LOTWEM retreat

Queen of Peace, Danville • 6 - 9 pm

Mass, reconciliation, adoration, faith study and fellowship in a day long retreat format.



09|28 SATURDAY
Annual Diocesan Pastoral Ministries Conference

Lake Morey Resort, Fairlee • 9:30 am - 5 pm

A day-long opportunity for Catholics around the Diocese to gather for formation, prayer, and networking. Keynote speaker Ron Huntley from Divine Renovation will focus on parishes move from “maintenance to mission.” Morning and afternoon breakout sessions will focus on: religious education, youth ministry, marriage and family life, worship, RCIA, and communication. Cost: \$30/per person. Includes continental breakfast and lunch.



09|28, 29, 30, 10|01 SAT - TUES
Eucharistic Mission

St. Mark, Burlington

Please join us as Father Declan Gibson

of the Missionaries of the Most Holy Eucharist leads a Eucharist-centered mission. Come learn and experience how Eucharistic Adoration can transform your life and the life of your family. All are welcome! He will give the homily at the September 28/29 weekend Masses and continue the mission Monday and Tuesday, September 30 and October 1, at 7:00 p.m. Both evenings will include a talk, Eucharistic adoration, Benediction, and Confessions. **FOR MORE INFO: parish office (802) 864-7686, or email stmarksvt@gmail.com.**



09|29 SUNDAY
Aim4Haiti Harvest Art Show and Coffee

Holy Family Parish Center, Essex Jct.

11 am - 2 pm

Essex Catholic Community member and co-founder of Aim4Haiti NPO, Gillian Compo, is pleased to partner with and welcome to our community Haitian artist, Pievy Polyte. Pievy is a talented artist involved in an artists’ collective that donates proceeds from their work to Haitian education projects. Pievy is also a Haitian coffee farmer and strives to promote sustainable development in Haiti. Pievy’s home grown coffee — roasted to perfection will be served.



10|04, 05 FRIDAY & SATURDAY
CDA Fall Rummage Sale

Holy Family Parish Center, Essex Junction

Join us for the Catholic Daughters of Court Fanny Allen #1060 Annual Fall Rummage Sale. Friday, Oct 4 “Sale Day” from 9am to 5pm. Saturday, Oct 5 “Bag Day” from 9 am to noon. Fall and winter clothing, footwear, accessories, men, women, teens and youth (all age groups); bedroom, bathroom and kitchen items; children’s room.



10|05, 06 SATURDAY & SUNDAY
YouthLead 2019

Saint Ann’s Shrine, Isle la Motte

YouthLead weekend is an opportunity for

our teens to grow in developing leadership skills as young Christians today and as a leaders for tomorrow. We are hosting our own leadership weekend this year for the first time at beautiful Saint Ann’s Shrine at Isle la Motte. This weekend is for developing high school leaders. It promises to be fun, but also formative and spiritually edifying. Registration deadline Sept. 27. \$50 per person.

FOR MORE INFO: vermontcatholic.org/event/youthlead-2019 for more information.

DIocese OF BURLINGTON CAREERS

Diocese: Senior Accountant

Immaculate Heart of Mary Parish, Williston: Administrative Assistant

The Loretto Home, Rutland: Residential Care Positions

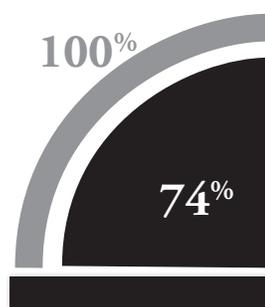
Our Lady of the Angels Parish, Randolph: Administrative Assistant

St. John the Baptist, Bennington: Keyboardist/Choir Director

St. Joseph Residential Care Home, Burlington: LPN

For More Info: vermontcatholic.org/careers

UPDATE



GOAL: \$2,700,987

TOTAL COMMITTED:
 \$1,988,592
as of September 9, 2019

Vermont Catholic Professionals was formed in 2018 to join Catholic men and women and those with shared values from the business and professional communities to encourage intellectual discussions, to foster professional and faith-based relationships and to inspire service and charity to the community in Vermont. Consider supporting this initiative with a gift at bishopsappealvt.org.

Bishop's
Annual Appeal