

**St. Monica Parish  
Barre, Vermont**

**Parish Coordinator:** Teresa Hawes

(802) 476-4020 or email: [stmonicalift@gmail.com](mailto:stmonicalift@gmail.com)

***Grade School Program***

Monday, July 8<sup>th</sup> – Friday, July 12<sup>th</sup>  
9:00 a.m. – 3:00 p.m.

***High School Program***

Sunday, July 7<sup>th</sup> – Thursday, July 11<sup>th</sup>  
7:30 p.m. – 9:30 p.m.

*“More than any program I’ve seen, Totus Tuus allows young people to authentically encounter the faith and have a ton of fun all week long.”  
– Michael Hagan, diocesan program coordinator*

**What is Totus Tuus?**

Totus Tuus is a summer Catholic youth program dedicated to sharing the Gospel and promoting the Catholic Faith through evangelization, catechesis, Christian witness and Eucharistic worship. Our week-long Parish Summer Catechetical Program assists parents and parishes in the evangelizing and catechizing of their youth by supplementing the work they are currently doing.

**Our Mission**

The mission of Totus Tuus is to inspire in young people a true longing for holiness, a deep desire for daily conversion and an openness to their vocation by the constant challenge to give themselves entirely to Christ through Mary and by continually strengthening their prayer lives in imitation of Her.

**Our Motivation**

*Totus Tuus*, a Latin phrase meaning “Totally Yours,” was the motto of Blessed John Paul II. Taken from St. Louis de Montfort’s “True Devotion to Mary” phrase, it signifies our desire to give ourselves entirely to Jesus Christ through Mary. It also expresses our effort to give our all to every young person we encounter. Through the teams’ example of joy and service, the youth see that these men and women are on fire with the Catholic Faith and long for the same thing in their lives.

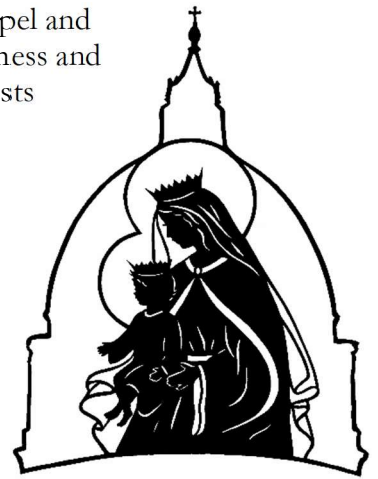
**Our Method**

Totus Tuus calls upon college students and seminarians from across the United States to carry this mission to every young person they encounter. These young men and women are hired for their energy, enthusiasm, love of the Faith, commitment to spiritual growth, ability to work with a team and a desire to work with youth.

**How do we do it?**

Teams of four, two men and two women, travel to a different parish each week, hosting a five day catechetical program for grades 1-12, similar to “vacation Bible school.” The week is filled with faith, fun and friendship. There are games, crazy songs, and (weather permitting) a big water fight at the end of the week! Our college-age teachers provide an authentic witness to the students.

For more information or questions about Totus Tuus, contact the diocesan program coordinator, Michael Hagan, at [mhagan@vermontcatholic.com](mailto:mhagan@vermontcatholic.com) or 802-448-3514.



## Daily Schedule

The following is a sample schedule for use during the week of **Totus Tuus**.  
***This schedule is for example only—each parish may differ slightly.***

### **1st - 8th GRADE PROGRAM (Youth and Team)**

9:00 am	INTRODUCTION
9:15 am	Warm-up/Songs
9:30 am	CLASS PERIOD #1
10:00 am	Snack Break
10:15 am	CLASS PERIOD #2
10:45 am	Music Preparation for Mass
11:00 am	Mass Preparation/Confessions
11:30 am	MASS
12:15 pm	Lunch-Recess
1:15 pm	Cool Down-Water Break
1:30 pm	CLASS PERIOD #3
2:00 pm	Break
2:10 pm	CLASS PERIOD #4
2:40 pm	Gather, Review and Closing Prayer
3:00 pm	DISMISSAL

### **HIGH SCHOOL PROGRAM (Youth and Team)**

7:30 pm.	Introduction/Review
7:45 pm	SESSION #1
8:30 pm	Break
8:45 pm	SESSION #2
9:15 pm	Night Prayer (Compline)
9:30 pm	DISMISSAL